



WentWest Weekly Update

Please distribute to GPs and staff in your practice



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UPCOMING EDUCATION EVENTS

Overweight, Obese or Type 2 Diabetic Patients Needing Assistance

WentWest is currently offering SHAPE, an 8-week health and fitness program designed to give patients dietary & nutritional advice, exercise prescription and ongoing support and monitoring. Run in many locations across the region, SHAPE is being offered as a **complimentary service** until the end of May. An eligibility criterion applies. To refer a patient or to find out more contact Diana Daoud of WentWest on (02) 8833 8014 or email shape@wentwest.com.au or tick the box and fax back.

Practice Violence Resource

GPs and staff need to feel safe in the workplace. They also need confidence in their ability to work with challenging behaviours, allowing the provision of therapeutic care while protecting themselves and other patients from psychological and physical harm.. The practice kit: Managing behaviours safely in General Practice provides strategies and a safety action plan to deal with challenging behaviours. The kit is available for free download at <http://www.snmpm.ecu.edu.au/research/aggression/> or tick the box and your Area Services Coordinator will contact you shortly.

Warfarin Management Trial

The University of Sydney is conducting a pilot study of a Mobile Anticoagulation Service in General Practice. Participation involves a trained pharmacist providing on-site support half to one day each week for 12 weeks. See the attached flyer for more information or call Badria Moustafa on 02 9114 1159 or 0424 330 964 or Dr Beata Bajorek on 02 9351 2359.

New Tool to Gauge Ovarian and Breast Cancer Risk

A NEW risk assessment tool is available to assess the family history of ovarian and breast cancer for women. The Familial Risk Assessment tool, launched by the National Breast and Ovarian Cancer Centre has been developed to be used by doctors and assist them with assessing a woman's risk of developing ovarian and breast cancer. While the tool can be accessed online (at www.nbocc.org.au/fraboc), women are advised to visit their doctor and complete it together.

Prescription Medicine Evaluation Process Reviewed

The TGA has completed a review of the prescription medicine evaluation process, with a number of areas for streamlining being identified. Prior to implementation of the new streamlined process, the TGA is inviting external stakeholders to review the proposed changes and provide comment on the underlying requirements that have been developed to underpin the process. <http://www.tga.gov.au/pmeds/consult/cons-pmssp.htm#consult>

E-Health Foundations

Legislation to lay the foundations for a future secure electronic health (e-health) system has been introduced into Parliament. The legislation, the *Healthcare Identifiers Bill*, allows for a unique 16 digit number to be created for every Australian and all health care providers by the middle of this year. The identifiers will provide confidence and accuracy for electronic communication of patient information between providers involved in patient care. For more information please visit: www.health.gov.au/internet/ministers/publishing.nsf/Content/mr-yr10-nr-nr023.htm

Wednesday 3 March 6.30pm-9.00pm
Nepean Private Orthopaedic Update –
Penrith Panthers Club, Mulgoa Road Penrith. [<FLYER>](#)

Thursday 4 March 6.30pm-9.00pm
PMNG – Workplace Law Changes in 2010. Courtyard Marriott, 18-40 Anderson Street, Parramatta.
[<FLYER>](#)

Tuesday 9 March 6.30pm-9.00pm
Therapeutic Choices for Menopausal Symptoms - Courtyard Marriott Parramatta 18-40 Anderson St Parramatta. [<FLYER>](#)

Wednesday 10 March 9.00am-4.00pm
Improving the health system's response to children with developmental and behavioural problems. 7-11 Mount St, North Sydney. [<FLYER>](#)

Wednesday 10 March 12.30pm-2.00pm
Parramatta/Holroyd CPD – Infections Affecting Skin. Parramatta Workers Club, 163 – 165 George Street, Parramatta. [<FLYER>](#)

Saturday 13&14 March 9.00am-5.00pm
Pharmacist Stage One Accreditation – Parramatta venue, tbc. [<FLYER>](#)

Wednesday 17 March 12.30-2.00pm
BMPA Midday CPD – Management of Cervical and Lumbar Spinal Disorders. Chopsticks restaurant, 6 Ash Street, Blacktown. [<FLYER>](#)

Saturday 20th March 8.45-4.45pm
BlackDog - Demystifying Depression Managing Depression in General Practice Mental Health Skills Training - Courtyard Marriott Parramatta 18-40 Anderson St Parramatta. [<FLYER>](#)

Saturday & Sunday 15th & 16th May
Health Expo – WentWest has planned an exciting two day Health Expo, each day delivered in three streams to cater for GPs, Practice Nurses and Practice Staff with a range of stimulating topics throughout the day. Contact Fran Alexander (Education Coordinator) or Azize Alpertonga (Administration support) at our WentWest offices, on 8833 8029 for further information.

To RSVP or register your interest in the above articles, please tick the relevant box, complete your details and fax it back to WentWest on (02) 8833 8019.

Name: _____ Practice: _____ Phone: _____

For further information please contact WentWest on 02 8833 8029 or support@wentwest.com