

AUBURN
BERALA
LIDCOMBE
REGENT'S PARK
SILVERWATER
WENTWORTH POINT
NEWINGTON

Community Services

FOR OLDER PEOPLE AND THEIR CARERS
IN THE AUBURN LOCAL GOVERNMENT AREA

Compiled by Coordinator, Auburn Aged Care
Assessment Team, St. Joseph's Hospital, Auburn

15th March 2011

Assessment/ Case Management:

1. Auburn Aged Care Assessment Team (ACAT)
2. Auburn Community Health Centre
3. Community Aged Care Psychiatry
4. Diverse Community Care
5. HACC Nursing Program -Kincare
6. Wesley Assistance with Care & Housing for the Aged

Help around the home:

7. Home Care / Veteran's Home Care
8. Wangary Aboriginal Home Care
9. BCS Community Centre Auburn
10. Kincare
11. Southern Cross Community HealthCare
12. Sydwest Multicultural Services
13. Wesley Community Support Services
14. Our Lady of Consolation
15. Hills Community Care
16. Meals on Wheels
17. Community Aged Care Packages (CACP)
18. Extended Aged Care at Home (EACH & EACHD)

Dementia Specific Home Services:

19. Catholic Health Care
20. Care Connect
21. Chesalon's Dementia Monitoring Service

Socialisation & Day Respite:

22. Auburn Aged Day Care & Hevington House
23. CALD Dementia Day Respite Harris Park
24. Harris Park Day Care (Chesalon)
25. Gumbaya Club
26. Robertson Community Centre
27. Wellbeing & Respite Day Care Centre (Constitution Hill)

Other Respite:

28. Residential Respite
29. Commonwealth Respite & Carelink Centres
30. Willmette Cottage

Miscellaneous:

31. Personal Alarms
32. Telecross & Tenant Connect
33. Mobile Library
34. Program of Appliances for Disabled People (PADP)
35. Community Based Rehabilitation for the Elderly (CBRE)

1. AUBURN AGED CARE ASSESSMENT TEAM (ACAT)

Assessment, advice, support & information to older people & their carer's living in the community through a multidisciplinary approach. Approval to enter aged care facilities, and receive CACPs and EACHs.

Auburn Carers' Support Group-

Facilitated by ACAT, offers support & socialisation for carer's within the area.

Phone: 9749 0379

2. AUBURN COMMUNITY HEALTH CENTRE

A range of services including community nursing, aged day care (including a dementia specific service and carer support group), mental health, migrant health, podiatry, community physiotherapy, occupational therapy, counseling and health promotion.

Central Referral Phone No (HomeFirst) for Community Nurses, Podiatry, Physiotherapy, Occupational Therapy, Dietetics, Aged Day Care: 1800 013 101

3. COMMUNITY AGED CARE PSYCHIATRY

Support & case management of older people with mental health problems & their carer's living at home.

Phone: 1800 650 749

4. DIVERSE COMMUNITY CARE

Community Options program set up to provide services where "gaps" occur in other HACC and community organisations. Provides case management & monitoring.

Phone: 9898 0000

5. HACC NURSING PROGRAM (KINCARE)

In home nursing to HACC eligible clients by a Registered or Enrolled Nurse.

Phone: 1300 733 510

6. WESLEY ASSISTANCE WITH CARE & HOUSING FOR THE AGED

Assistance for older people who are homeless or at risk of being homeless to access secure and affordable housing & link them with services if required

Phone: 8887 4955

7. HOME CARE/VETERAN'S HOME CARE

Assistance with personal care, shopping, housework, in-house respite, banking.

Home Care: 1800 350 792

Veteran's : 1300 550 450

8. WANGARY ABORIGINAL HOME CARE

Domestic assistance, personal care, in-home respite

Phone: 1300 797 606

9. BCS COMMUNITY CENTRE AUBURN

Neighbour Aid- volunteer visiting service for isolated aged people.

Provides social outings

Personal Care- help with hygiene, grooming. Some funding for people from culturally and linguistically diverse backgrounds

Domestic Assistance- help with housework.

Home Maintenance- modifications & maintenance to your home. Some jobs require an Occupational Therapy assessment first.

Transport- transport to medical & non-medical appointments.

Shopping bus to Auburn & Bankstown

Respite Options – In home respite (up to 4 hours/week)

Phone: 8741 5999

10. KINCARE

Assistance with housework. In home dementia respite (approx. 2 weeks per year), nursing program.

Phone: 1300 733 510

11. SOUTHERN CROSS COMMUNITY HEALTHCARE

Assistance with personal care. In-home and dementia specific respite up to 5 hours/ week

Phone: 1800 989 000

12. SYDWEST MULTICULTURAL SERVICES

Personal care, respite, counseling, information, support & advocacy for people from a CALD background

Phone: 8825 3777

13. WESLEY COMMUNITY SUPPORT SERVICES

Domestic assistance and innovative shopping service (shopping & meal planning assistance). Home modification and maintenance

Domestics & shopping: 8887 4966
Home Maintenance: 9737 8283

14. OUR LADY OF CONSOLATION

Lawn mowing- includes edging & removal of clippings, clears gutters.
Linen & Laundry- supply & cleaning of sheets, pillow cases, towels for incontinent people. Not for personal laundry.

Phone: 9832 4599

15. HILLS COMMUNITY CARE

Lawn mowing and garden maintenance

Phone: 9761 7695

16. MEALS ON WHEELS

Hot meals delivered 5 days / week. Frozen meals available weekends.

Phone: 9897 3832

17. COMMUNITY AGED CARE PACKAGES (CACP)

Services for those at hostel level of care who wish to remain at home.

Assessment by ACAT first.

Phone: 9749 0379

18. EXTENDED AGED CARE AT HOME & EACH DEMENTIA (EACH & EACHD)

Services for those at nursing home level of care who wish to remain at home. Assessment by ACAT first.

Phone: 9749 0379

19. CATHOLIC HEALTH CARE

In home respite for people suffering from dementia & their carer's.

Phone: 9821 3499

20. CARE CONNECT

Case management & social support for people with dementia
Dementia & flexible respite programs.
Social & other support for indigenous people

Phone: 9830 8900

21. CHESALON'S DEMENTIA MONITORING SERVICE

Monitoring & support for people with dementia living alone. Medications, meal preparation, shopping & transport up to 5 hrs / week.

Phone: 4560 3700

22. AUBURN AGED DAY CARE & HEVINGTON HOUSE

Provides socialisation and activities, for frail aged people, including people from non-English speaking backgrounds, and respite for carers. Hevington House is specifically for people with dementia. Transport provided.

Phone: 1800 013 101

23. CALD DEMENTIA DAY RESPITE SERVICE HARRIS PARK

Long day care for carer's of people with dementia from a culturally and linguistically diverse background. Operates Wednesdays 7.30 am – 5 pm. Transport & meals provided.

Phone: 9516 2188

24. HARRIS PARK DAY CENTRE (CHESALON)

Provides activities to maintain skills & independence for people with dementia, and respite for carers. Mon – Frid 8.30 am – 4 pm. Meals & transport provided.

Phone: 0435 657 391

25. GUMBAYA CLUB

Seniors day club providing socialisation & activities for people unable to attend other day care programs. Meets Tuesday 10 am – 2 pm at RSL Youth Centre, Lidcombe. Transport, morning tea and lunch provided.

Phone: 9632 2681

26. ROBERTSON COMMUNITY CENTRE

Recreational activities for clients who are frail aged or have a dementia. Transport available.

Phone: 8832 2020

27. WELLBEING & RESPITE DAY CARE CENTRE (CONSTITUTION HILL)

Carer support by improving the health & wellbeing of the person

Phone: 8839 7110

28. RESIDENTIAL RESPITE

Up to 63 days per financial year in aged care facilities. Must be assessed by ACAT first.

Phone: 9749 0379 for ACAT assessment & Commonwealth Respite & Carelink Centre on 1800 052 222 for vacancies

29. COMMONWEALTH RESPITE AND CARELINK CENTRES

In home emergency respite for short periods Assistance with finding residential aged care vacancies. Information on services

Phone: 1800 052 222

30. WILLMETTE COTTAGE

Overnight respite for frail aged and people with dementia. Assistance with personal care. No ACAT assessment required.

Phone: 9873 4383

31. PERSONAL ALARMS

Personal security system for people living alone, elderly, or "at risk".

Phone: The company or ACAT for information

32. TELECROSS & TENANT CONNECT

Daily monitoring phone calls to elderly or isolated people. Tenant connect targets people living in public housing. Run by Red Cross.

Telecross: 9229 4111

Tenant Connect: 1800 827 677

33. MOBILE LIBRARY

In home library service for aged, disabled or housebound people.

Phone: 9735 1281

34. PROGRAM OF APPLIANCES FOR DISABLED PEOPLE (PADP)

Aids for daily living. Some applications require health professional letter for eligibility.

Phone: 1800 362 253

35. COMMUNITY BASED REHABILITATION FOR THE ELDERLY (CBRE)

Up to 12 weeks rehabilitation and care support in the home.

Phone: 9845 6903
